

## Physical Requirement Statement

In 2013 the Community Services and Health Industry Skills Council (CSHISC) released the latest first aid training units of competency, which all Australian training providers must follow when delivering nationally accredited training. As part of this release there are very specific assessment requirements around performing CPR. In short, these requirements relate to the period of time and position of the participant when delivering CPR to a manikin. Participants undertaking the following courses are required to perform uninterrupted CPR on a manikin placed at floor level for a period of two (2) minutes.

- HLTAID001 Provide CPR
- HLTAID002 Provide Basic Emergency Life Support
- HLTAID003 Provide First Aid
- HLTAID004 Provide an Emergency First Aid Response in an Education and Care Setting
- HLTAID006 Provide Advanced First Aid
- HLTAID007 Provide Advanced Resuscitation

Below is the statement released by CSHISC to provide some clarity on the requirements and the reasons for this change.

It is important to note that the HLTAID competency standards do require a level of physical ability to meet the evidence requirements for assessment. These standards relate to the level of performance required to provide resuscitation and respond to an emergency situation where there may be risk to life.

Due to the potential risk to health and safety where a nominated first aider, or worker with duty of care, does not have the ability to perform resuscitation and/or first aid to the performance standard it is not appropriate to issue a statement of attainment to students who are physically unable to meet the assessment requirements.

In cases where a student has attended a resuscitation or first aid course but is unable to meet the full requirements of the competency, an RTO may wish to provide that student with a certificate of attendance, or similar, as an indication of their participation in the course.

The assessment requirements are not adjustable and must be met in order to be deemed competent in the relevant course. If you have any concerns about your ability to meet these requirements, please contact us before attending training.

As the CSHISC states above, we are still able to issue statements of attendance however it is up to your industry/place of work to decide whether this meets their needs. Victorian First Aid are unable to make adjustments to these requirements.

Participants who have an injury or poor health preventing them from undertaking CPR assessments should not put themselves at risk of further injury or exacerbation of current health issues by undertaking such activities.

All our trainers have the authority to stop participants undertaking these skills should they feel it necessary in the interests of the participant.