

## PROVIDE BASIC EMERGENCY LIFE SUPPORT

Nationally Recognised Unit Code & Title: HLTAID002 Provide Basic Emergency Life Support

### Application and Relevance

This course applies to a wide range of settings where life-threatening emergencies may occur. It is relevant for people working in education, aged and community care, sport, travel and tourism, hospitality, industry enterprises as well as in home or other environments.

### Prerequisites

There are no prerequisite units for this course.

### Entry Requirements

Participants are required to have;

- reasonable level of verbal and written skills
- the ability to demonstrate two minutes of CPR on the floor.

### Mode of Delivery and Duration

Classroom training and assessment over 6 hours

### Dress and Equipment Requirements

Learners are to attend the course in comfortable non-offensive clothing. All equipment and resources to complete the course will be supplied

### Course Content

This course provides the skills and knowledge required to recognise and respond to life-threatening emergencies using basic life support measures. It includes:

- Introduction to first aid principles
- Assessing an emergency situation
- Cardiopulmonary Resuscitation techniques (CPR)
- Infection control and First Aid for minor wounds
- Anaphylaxis emergencies
- Asthma emergencies
- Control of major external bleeding
- Communicating details of an incident
- Debriefing and evaluation of response to critical incidents

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

### Award Issued

Victorian First Aid Services and Training is responsible for the quality of training and assessment and, the issuance of the AQTf certificates.



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