

## PROVIDE CPR

Nationally Recognised Unit Code and Title: HLTAID009 Provide Cardiopulmonary Resuscitation

### Application and Relevance

This course applies to a wide range of settings where emergencies involving cardiac arrest may occur. It is relevant for people working in education, aged and community care, sport, travel & tourism, hospitality, industry enterprises and other workplace and community settings

### Prerequisites

There are no prerequisite units for this course.

### Entry Requirements

Participants are required to have;

- reasonable level of verbal and written skills
- the ability to demonstrated two minutes of CPR on the floor.

### Mode of Delivery and Duration

Classroom training and assessment over 3 hours

### Dress and Equipment Requirements

Learners are to attend the course in comfortable non-offensive clothing. All equipment and resources to complete the course will be supplied.

### Course Content

This course provides the skills and knowledge to be able to handle cardiac emergency situations. It includes:

- Introduction to first aid principles
- Assessing a cardiac emergency situation
- Airway and breathing management
- Performing chest compressions
- Administering rescue breaths
- Resuscitation techniques
- Using a defibrillator (AED)

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

### Award Issued

Victorian First Aid Services and Training is responsible for the quality of training and assessment and, the issuance of the AQTF certificates.



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