

PROVIDE FIRST AID

Nationally Recognised Unit Code & Title: HLTAID011 Provide First Aid

Application and Relevance

This unit of competency describes the skills and knowledge required to provide a first aid response to a casualty. The unit applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Prerequisites

There are no prerequisite units for this course.

Entry Requirements

Participants are required to have;

- reasonable level of verbal and written skills
- the ability to demonstrate two minutes of CPR on the floor

Mode of Delivery and Duration

Full Face To Face Training: Classroom training and assessment over 8 hours

Blended Training: Pre course online work to be completed prior to the practical day. Classroom training and assessment over 4.5 hours

Dress and Equipment Requirements

Learners are to attend the course in comfortable nonoffensive clothing. All equipment and resources to complete the course will be supplied.

Course Content

Topics include:

- Assessing an emergency situation
- Airway and breathing management
- Cardiopulmonary Resuscitation (CPR) techniques
- Automated External Defibrillation
- Management of the unconscious casualty
- Medical conditions including cardiac, diabetes, epilepsy
- Infection control and first aid for minor wounds
- Allergic reactions and asthma
- Control of major external bleeding and shock
- Management of near drowning
- Hyperthermia and hypothermia
- Burns and electric shock
- Eye and soft tissue injuries
- Venomous bites and stings
- Fractures and spinal injuries
- Head, chest and abdominal injuries
- Assessment of the sick and injured
- Recording vital signs
- Communicating details of an incident
- Debriefing and evaluation of response to critical incidents

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Award Issued

Victorian First Aid Services and Training is responsible for the quality of training and assessment and, the issuance of the AQTF certificates.

